

ACCOMMODATION & TRAVEL

Leuven has many hotel facilities. Please contact us for help.

Recommended airport: Brussels Zaventem International airport with fluid train connections to Leuven (approx. 20 min).

VENUE

University of Leuven

Faculty of Physical Education and Rehabilitation

Aula De Nayer

Tervuursevest 101

3001 Heverlee

26th of October 2019

From 09am till 11pm

CONTACT & ENTREES

www.triathloncongres.com

TRIATHLONCONGRES

RAISING THE LEVEL OF COACHING

Leuven

October 26th 2019

TRIATHLON
VLAANDEREN



NETWORK OPPORTUNITIES

During the congress there are several coffee breaks.

After the congress there is a gala dinner attended by all speakers and VIP. We close the evening at the famous 'oude markt' in the old city center.

PRICING

Entrance 100€ (workshops, lunch, coffee)

Gala dinner 50€

PROGRAM (ENGLISH)

09.00-09.45

Welcome & introduction

10.00-11.15

High performance lessons from pro tour cycling

Koen De Haan (NED)

How does a successful pro tour cycling team works and how can we implement it in our own sport and teams.

11.45-13.00

Talent ID in the UK

Scott Murray (GBR)

How does one of the best nations in Triathlon develops their program in youth education and development.

13:00 – 14:00

Lunch break

14.00-15.15

Metabolic Profiling in endurance sports.

Sebastian Weber (GER)

15.45-17.00

Smart paddles

Rikü Rimpela (FIN)

An insight in power measurement in swimming. How does it work, what do we do with the data and what is behind it?

17:15-18:15

Jog in the Arenberg park with the Belgian Triathlon Team

18:30-21:30

Gala dinner

THE CONGRESS

More than 120 coaches.

Speakers from 5 countries.

16 workshops for all level of coaches.

Unique network opportunities.

